

Rohl, Clausen Easy Winners

July 20, California, Pa. (from Al Heppner)--Three-time Olympian Michelle Rohl broke away from her strongest rival before the halfway mark to win the Women's National USATF 1 Hour Championship as she covered 12,504 meters. Thus, she circled the track a bit more than 31 times while the little hand circled the clock once. In the men's 2 Hour Championship, Curt Clausen overcame an early surge from New York AC teammate Tim Seaman and covered 26,425 meters to take that title. Both are many times National champions, but were taking their first titles in these events.

Rohl took the lead from the start, but Teresa Vaill was up for the challenge. Vaill appeared a bit more relaxed with Rohl breathing heavily. Amber Antonia stayed within shouting distance in the early going. Rohl explained, "Mike (her husband) wanted me to go 7:20 per mile and get the American record. I just wanted to 7:45. It was simply too hot for the record, and honestly, I haven't been putting in quite enough work."

Nevertheless, she was able to separate from Vaill, who later picked up a second red card and had to be cautious the rest of the way to avoid the dreaded third card and disqualification. Rohl went through 10 Km in 47:43, to Vaill's 48:48. Vaill hung on to stay within 300 meters and completed 12,244 meters in the hour. Bobbi Jo Chapman came on strong in the second half to move up to third, passing through 10 Km in 50:27. Antonia, who finished fourth, was 50:52 at 10.

Looking to break records in the men's race, Seaman was out quickly ahead of Clausen and the rest of the field while walking 4:10 kilometers. But, by 4 Km, something was wrong. "I was fatigued from the travel and just didn't feel up to par today," Seaman said. Seaman experienced flight delays and ended up spending a night in Chicago. He arrived the day before the race, but his bags didn't come until hours before the race. Training partner Antonia was on the same itinerary and also paid the price in the second half of her race.

Clausen passed Seaman before they reached 8 Km. "I know where I am physically, and I didn't want to risk going with him. He was walking 4:10s and I didn't want to walk faster than 4:20," Clausen said. At 10 Km, Clausen was free from the rest of the field in 43:55, with Seaman at 44:40, and Al Heppner third in 45:58. Seaman stepped off the track at that point.

"Breaking my National 2-Hour record was in the back of my mind and I was on pace for the first 10. But then it warmed up and I slowed a little. I was confident I would win at that point and just used it for a strong workout and to boost my 50 Km preparation," added Clausen.

Heppner, who had been lapped by Clausen, attempted to close the gap by patiently whittling the lead from 600 to 440 meters. However, Clausen was never really threatened and shook off the challenge when Heppner began to struggle a bit after 16 Km. Former record holder and two-time Olympian Allen James stepped out of his semi-retirement once again and was a solid third, with Dave Doherty fourth.

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At 20 Km. Heppner had nearly matched his time from the National 20 as he hit 1:32:37, but Clausen was more than 3 minutes in front at 1:29:34. James (1:37:05) and Doherty (1:43:08) followed. Nothing changed in the last half-hour, with Heppner walking 25,749, nearly a mile ahead of James.

The men's race was truly a battle of the legends, with five Olympians in the 11-man field, including the winner Clausen (1196, 2000), James (1992, 1996), Gary Morgan (1988, Ron Laird (1960, 1964, 1968, and 1976), and Seaman (2000). Laird, who was honored at a banquet the night before the race (see article later in this issue), won a record 65 US championships during his illustrious career. Clausen's win today was his 21st title. Clausen, Morgan, and Laird teamed to win the team title for the New York AC, Laird's 53rd national team title, and first in about a quarter century. The results:

Women's 1 Hour: 1. Michelle Rohl, Moving Comfort 12,504 meters 2. Teresa Viall, Walk USA 12,244 3. Bobi Jo Chapman, World Class 11,870 4. Amber Antonia, NYAC 11,802 5. Cheryl Rellinger, Walk USA 11,048 (54:44) 6. Maria Michta, Walk USA 10,755 (55:56) 7. Laura Feller, un. 10,630 8. Lee Chase, Conn. RW 10,193 DQ--Barb Kornbau, un.

Men's 2 Hour: 1. Curt Clausen, NYAC 26,425 2. Al Heppner, US Army 25,749 3. Allen James, Park Walkers 24,233 4. Dave Doherty, San Diego TC 23,281 5. Gary Morgan, NYAC 22,157 6. Bill Vayo, un. 21,636 7. Israel Soto-Duprey, un. 21,027 8. Ed Fitch, Miami Valley TC 18,704 9. Roderick MacElwain, un. 17,611 10. Ron Laird, NYAC 14,432 DNF--Tim Seaman, NYAC

Men's Jr. 1 Hour--1. Joe Trapani, Walk USA 10,287

Other Results

USA-Canada Junior Meet, Niagara Falls, N.Y., July 26: Men's 10 Km--1. Pierre Luc Menard, Can. 47:35 2. Zachary Pollinger, USA 48:20 3. Michael Hain, Can. 52:33 4. Terrance Swehoskey, US 54:23 5. Troy Clark, US 56:58 6. Dan Campbell, US 56:59--DNF--Jared Swehoskey, US Team Score: Canada 11 USA 10 (scored 7,5,4,3,2,1--first three finishers count)

Women's 10 Km: 1. Maria Michta, US 54:51 2. Jennifer Reekie, US 54:59 3. Chesla Rodriguez, Can. 55:30 4. Jasmine Brooks, US 56:16 5. Rachel Lavallee, Can. 56:41 6. Carly Locala, US 57:28 7. Tina Peters, US 60:28 8. Ashley Jane, Can. 61:14 9. Seywood Spooner, Can. 63:50 DNF--Christine Tagleferri, US Team score: USA 15 Canada 7

USATF Junior Nationals, Buffalo, N.Y., July 3: Bantam Girls 1500 meters--1. Madeline Muraida (10), N.M. 9:44 Midget Girls 1500--1. Caroline Muraida (12), N.M. 7:59.84 2. Safiya Linley (12), NY 9:06 3. Tyeasha (12), NY 9:37 Youth Girls 3 Km--1. Allison Snochowski (13), un. 16:42.11 2. Ashley Ramsay (13), NY 19:07 3. Kara Steele (13), un. 19:07 Intermediate Girls 5 Km--1. Keelin Yenney, un. (16) 30:21 2. Gwen Underwood, Miami Valley TC 35:26 Young Women 5 Km--1. Maria Michta (17), un. 26:41.22 2. Laura Richenderfer (18), un. 26:53 3. Annie Nemeth (18), un. 27:50 Bantam Boys 1500--1. Eric Alexander (10), Texas 9:36.08 2. Michael Nemeth (10), un. 9:59 Youth Boys 3 Km--1. Ryan Ashley (14), un. 17:56.48 2. Kyle Ashley (13) 18:00 3. Andy Peters, Miami Valley 20:58 Intermediate Boys--1. Timothy Davidson, NY 30:02 Young Men--1. Zachary Pollinger (17), un. 23:12.36

Northeast 3 Km, Cambridge, Mass., June 14--1. Holly Wenninger 17:59 Men--1. Brian Savilonis (53) 2. Steve Peckiconis (44) 16:04 3. 14:57.04 2. Tom Knatt (62) 17:30 4. Ed Hassan Kouchaoui (45) 17:45 5. Charles Mansbach (58) 18:27 **Metropolitan 5 Km, New York City, July 13--**1. Bill Vayo 24:50 2. Maryanne Torrellas (44) 25:40 3. Vyacheslav (54) 25:45 4. Vlado Haluska (51) 25:58 5. Israel Soto-Suprey 26:11 6. Cheryl Rellinger 26:47 7. Bruce Logan 27:47 8. Erin Taylor 27:53 9. Gary Null (58) 27:52 10. Jonathan Udesky (47) 28:21 11. Bob Barrett (69) 28:25 12. Jennifer Marlborough 28:39 13. Indiana Ripoli (17) 29:35 14. Franco Pantoni (57) 29:35 15. ALice Tan 29:38 16. Alexis Davidson (47) 30:35 17. Pablo Hebriguez (16) 31:26 18. David Lee (48) 31:28 19. Pat Motschwiller (45) 31:32 20. Darrell Hunter (18) 31:39 (61 finishers, 5 DQs) **5 Km, Farmingdale, N.Y., July 19--**1. Cheryl Rellinger 26:53 2. Maria Michta 28:20 3. Limei Tan 29:04 4. Jennifer Marlborough 29:40 **Empire State Games, Niagara Falls: Women's 10 Km, July 24--**1. Cheryl Rellinger 54:08 2. Loretta Schuellein 54:11 3. Laura Feller 56:12 4. Jennifer Marlborough 59:42 5. Karaen Fina 61:32 6. Eileen Lawrence 65:02 (8 finishers, 1 DQ) **Men's 10 Km, July 24--**1. Allen James 46:54 2. Nicholas Bdera 49:42 3. Bill Vayo 51:30 4. Joe Trapani 53:18 5. Greg Dawson 53:27 6. Nicholas Harding 54:49 7. Dave Lawrence 56:45 8. Bill Fatiga 62:51 (10 finishers, 1 DQ) **Men's age 55-59 10 Km, July 24--**1. Marc Olshan 58:59 **Men's age 65-69 10 Km, July 24--**1. Bob Barrett 58:25 2. Jim McGrath 61:15 **Women's 60-64 10 Km, July 24--**1. Diane Lawrence 68:00 **Women's 5 Km, July 25--**1. Cheryl Rellinger 25:54 2. Erin Taylor 27:04 3. Lauren Olivieri 28:46 4. Aimee Dawson 29:57 5. Limei Tan 30:09 6. Sarah MacIntyre 31:20 (9 finishers, 1 DQ) **Men's 5 Km, July 25--**1. Allen James 23:37 2. Bill Vayo 24:26 3. Greg Dawson 25:47 4. Israel Soto-Duprey 26:28 5. Bill Fatiga 29:58 6. James Miner 35:46 **Men's H.S. 5 Km, July 25--**1. Pablo Henriquez 30:01 2. Jonathan Pefiley 31:14 3. Michael Kazmierczak 31:59 (5 finishers) **Women's H.S. 5 Km--**1. Maria Michta 27:36 2. Rosalind Adams 30:12 3. Emily Chen 31:17 4. Michelle Cady 31:33 5. Sarah Groat 32:07 (9 finishers) **Men's 45-49 5 Km, July 25--**1. Larry Beckerle 28:14 **Men's 55-59 5 Km, July 15--**1. Marc Olshan 28:29 (3 finishers) **Men's 65-59 5 Km--**1. Bob Barrett 28:30 2. Jim McGrath 29:19 **Women's 20 Km, July 26--**1. Cheryl Rellinger 1:56:24 2. Loretta Schuellein 1:58:31 3. Laura Feller 2:00:46 3. Erin Taylor 2:01:42 5. Jennifer Marlborough 2:09:19 6. Karen Fina 2:12:24 **Men's 20 Km, July 26--**1. Allen James 1:38:24 2. Michael Tarantino 1:44:48 3. Nicholas Bdera 1:45:57 4. Bill Vayo 1:47:12 5. Mel McGinnis 1:49:57 6. Joseph Trapani 1:53:48 7. Israel Soto-Duprey 1:57:25 8. Bruce Logan 2:06:06 **Men's 65-59 20 Km--**1. Bob Barrett 2:06:41 2. Jim McGrath 2:12:07 **1 Mile, Oakhurst, N.J., June 25--**1. John Soucek 7:14.4 2. Tom Zarra (40+) 8:14.4 3. Tom Hartman (60-69) 9:56.4 Women--1. Donna Cetrulo (50+) 8:59.6 2. Maria Paul 10:27.1 **Sunshine Games 1500 meters, Tampa, Fla.--**1. Gary Null (55+) 7:55.4 2. Bob Fine (70) 9:17 3. Ron Heimbarger (55+) 9:50 4. Miro Mitusina (65+) 10:19 **3 Km, same place--**1. Gary Null 16:22.73 2. Elizabeth McCormick 19:53 3. Bob Fine 20:18 **1500 meters, Yellow Springs, Ohio, July 17--**1. Tina Peters 7:30.8 2. Ian Geer 9:11.4 3. Doug Teller (45+) 9:23.2 4. Danielle Doubt 9:35.7 5. Alex Meyers 9:52 6. Esther Underwood 10:01.4 7. Terry Komisarski (40+) 10:03.5 (13 finishers) **3 Km, same place--**1. Ed Fitch (40+) 16:09.6 2. Tina Peters (16) 16:27 3. Andy Peters (13) 18:09 4. Doug Teller 19:40 5. Danielle Doubt 19:44 6. Esther Underwood (14) 20:36 (10 finishers) **Lynette Atkins 8 Km, Kalamazoo, Mich. --**1. Pablo Gomez 40:50 2. Rod Craig (45+) 40:55 3. Leon Jasionowski (55+) 43:23 4. Max Walker (55+) 44:31 5. Bill Reed (50+) 45:50 6. Klaus Thiedmann (45+) 46:16 7. David Dunn (40+) 47:56 8. Ken Lampar (45+) 48:32 9. Max Green (70+) 48:32 10. John Lucke 48:38 11. Mary Franklin (40+) 49:37 12. Lynette Heinlein (45+) 50:12 13. Rick Sack (50+) 50:33 14. Don Knight (55+) 50:38 15. Mark Sekelsky (45+) 50:44 16. Susan Mora Fassett (40+) 51:07 (27 finishers) **5 Km, same place--**1. Jonathan Udesky (45+) 30:01 2. Susan Woznicki 32:09 3. Paddy Jones (40+) 32:19 (6 finishers) **5 Km, Kalamazoo, June 21--**1. Bill Reed 27:13 2. David Dunn 29:39 3. Rick sack 30:29 4. Bob Ferguson (55+) 32:29 5. Sue Haroldson 32:56 6. Marvin Barnes (55+) 33:03 (11 finishers) **1500 meters, Sterling, Ill., July 21--**1. Doris McGuire (54) 9:36

2. Rebecca Gilman (62) 8:48 Men--1. Augie Hirt (52) 1:16 2. Richard McGuire (55) 7:22 3. Herbert Schueler (62) 8:01 4. Bill Baxter (71) 8:29 5. Ollie Nanyes (43) 8:32 (7 finishers) **5 Km, same place--1.** Doris McGuire 34:20 2. Rebecca Gilman 35:07 Men--1. Richard McGuire 27:39 2. Augie Hirt 28:25 3. Herbert Schueler 32:55 4. Ollie Nanyes 33:10 (7 finishers) **1500 meters, Salina, Kansas, June 21--1.** Bob Gaston (55+) 8:33 2. Richard Ortiz (65+) 9:06 3. Richard Golden (55+) 9:08 4. Michal Jorden (60+) 10:13 (9 finishers) **5 Km, same place--1.** Bob Gaston 32:19 2. Richard Ortiz 34:25 3. Richard Golden 34:27 (6 finishers) **Texas Jr. Olympics, July 19** Bantam Girls 1500--1. Claudia Ortiz 8:30 2. Midget Girls 1500--1. Samantha Olivarez 8:24 2. Ariel ? 8:31 3. Jeanette Avia 8:36 4. Maria Villareal 8:41 5. Sara Garcia 8:53 6. Karla Mireless 8:53 7. Brooke Shannon 8:54 Youth Girls 3 Km--1. Ruby Perez 17:30 2. Karla ? 17:35 Youth Boys 3 Km--1. Roberta Vergara 16:14 2. Ricardo Vergara 16:27 **5 Km, Evergreen, Col., July 4--1.** Mike Blanchard (41) 28:42 2. Patty Gehrke 19:12 3. Daryl Meyers (60) 30:17 **Pacific Assn. 3 Km, Reno, Nev., July 19--1.** Ed Parrot 14:02.4 2. Joe Berendt (47) 16:07 3. Bill Penner (56) 16:16 4. Alex Price 17:34 5. Dick Petruzzi (70) 18:22 6. Art Klein (50) 19:08 (11 finishers) Women--1. Lee Harris (41) 20:30 2. Lynde Maffei (58) 20:51 **1 Hour, Kentfield, June 29--1.** Shoja Torabian 10,704 meters 2. Doris Cassels 8924 3. Ed Lane 8898 4. Shirley Dockstader 8873 5. Stewart Canning 88:03 (14 finishers) **5 Mile, Sacramento, Cal., July 4--1.** Joe Berendt 46:08 2. Jim Currier 49:27 3. Ed Flint 49:29 4. Karen Stoyanowski 52:06 5. Paula Kash Mendell 52:22 (13 finishers) **1 Mile, Davis, Cal., July 13--1.** Dave McGovern 6:41.24 2. Ed Parrot 6:55 3. Alexander Price 8:48 4. Jim Beckett 9:08 5. Stu Kinney 9:48.2 6. William Fink 9:48.4 Women--1. Nicolle Goldman 8:24 2. Angela McCall 8:31 3. Paula Mendell 9:08 4. Joan O'Brien Hakim 9:16 5. Trish Caldwell 9:28 6. Coco Beuchet 9:54 (11 finishers) Eniors--1. Dick Petruzzi 9:00 **5 Km, Eugene, Ore., June 21--1.** Kelly Murphey-Glenn (42) 27:25 2. Maray Snyder (52) 27:44 3. Marianne Martino (56) 28:13 4. Dee Merdian (41) 30:54 Men--1. Pat Detloff (51) 26:03 2. Mike Blanchard (42) 26:45 3. George Opsahl (61) 28:07 4. Doug VerMeer (49) 28:40 5. Ed Kousky (62) 28:46 6. Tommy Aunan (44) 29:25 **1 Mile, Portland, Ore., June 29--1.** Pat Detloff (51) 7:55 2. George Opsahl (61) 8:43 3. Ron MacPike (70) 10:00 (8 finishers) **State Games or Oregon 3 Km, Gresham, July 12--1.** Pat Detloff 15:12 2. George Opsahl 16:43 3. Rob Frank (51) 16:57 4. Kim Miller (42) 17:55 (10 finishers) **State Games of Oregon 5 Km, July 13--1.** Pat Detloff 25:36 2. George Opsahl 28:31 3. Rob Frank 28:59 4. Carmen Jackinsky (40) 29:17 5. Kim Miller 30:38 6. George Mecure (55) 32:41 (11 finishers) **3 Km, Seattle, June 7--1.** Stan Chraminski (55+) 16:13.3 2. Bob Novak (50+) 16:20.4 2. Ann Tuberg (40+) 17:37 4. Bart Kale (45+) 18:13.2 5. Bev LaVeck (65+) 18:19.6 **2.8 Miles, Seattle, May 10--1.** Stan Chraminski 24:28 2. Bob Novak 24:30 2. Ann Tuberg 28:39 **2.8 Miles, Seattle, June 14--1.** Stan Chraminski 25:45 2. Bart Kale 26:05 **Masters 5 Km, Seattle, July 26--1.** Bob Novak (54) 27:08.10 2. George Opsahl (61) 28:20 3. Bart Kale (47) 31:03 4. Bev LaVeck (67) 31:31 (7 finishers)

World Youth Championships, Sherbrooke, Quebec, July 11: Women's 5 Km--1. Vera Sokolova, Russia 22:50.23 2. Ann Loughnane, Ireland 23:37 3. Noriko Nishide, Japan 23:51 4. Paulina Buziak, Poland 23:52 5. Rosa Orozco, Mexico 23:53 6. Susan Knapton, Australia 24:07 7. Mia Hovi, Finland 24:18 8. Katalin Varro, Hungary 24:39 9. Amanda Gorst, New Zealand 24:40 10. Maria Michta, USA 24:53 (Maria missed much training in the spring with an ankle injury, but 5 weeks of solid training leading up to this race brought her to her second best time ever.) (13 finishers, 3 DQs)--Hovi led at 1 Km in 4:36. Sokolova led from there with splits of 9:13, 13:46, and 18:22. **Men's 10 Km--1.** Aleksandr Prokhorov, Russia 42:16.16 2. Makoto Sawada, Japan 42:18 3. Vyacheslav Golovin, Russia 42:38 4. Giorgio Rubino, Italy 43:01 5. Carsten Schmidt, Germany 43:26 6. Michael McCagh, Australia 44:39 7. Rafal Sikora, Poland 44:54 8. Shoichi Tanoue, Japan 45:23 9. Yerko Araya, China 45:39 10. Pierre-Luc Menard, Canada 45:42 11. Zach Pollinger, US 46:09 (19 finishers, 4 DQs, 1 DNF)--Mexico's Eder Sanchez led at 1 Km in 4:12.

Prokhorov took over with splits of 8:39, 12:55, and 17:11. Sanchez moved back in front, passing 5 Km in 21:28, 6 in 25:31, and 7 in 29:34, before being DQd. Prokhorov led the rest of the way with splits of 34:07 and 38:19 at 8 and 9 Km.

Canadian Junior Women's 5 Km Championship, July 6--1. Megan Huzzey 53:18 2. Rachel Lavallee 57:27 3. Jane Ashley 59:38 **Canadian 20 Km Championship, Victoria, BC, July 20--1.** Tim Berrett 1:29:58 2. Jim Heys 1:34:45 3. Gordon Mosher 1:39:38 4. Gerald Dragomir 1:48:34 Women--1. Karen Foan 1:42:53 2. Marina Crivello 1:43:08 **Pan-American Junior 10 Km, Waterford, Ontario, July 19--1.** Francisco Flores, Mexico 46:27.34 2. Eder Sanchez, Mexico 46:27.41 3. Carlos Borgono, Chile 46:28.70 4. James Rendon, Columbia 46:34 5. Fiyol Rendon, Venezuela 49:24 6. Daniel Voigt, Brazil 50:10 7. Jared Swehosky, US 54:51 Adam Staier, US was DQd, but was battling an illness and was never in the race. (2 DQs, 1 DNF--very hot and humid) Women--1. Alessandra, Brazil 52:27.57 2. Joenette Sepulveda, Chile 53:05 3. Johana Malla, Ecuador 53:40 4. Lus Villamarin, Columbia 55:28 5. Jennifer Reekie, US 57:18 6. Rachel Lavallee, Canada 59:12 (3 DQs, 1 DNF) **20 Km, Dublin, Ireland, July 12--1.** Michele Didoni, Italy 1:21:44 2. Andre Hohne, Germany 1:22:30 3. Maik Berger, Germany 1:23:49 4. Theodoros Stamatopoulos, Greece 1:27:04 5. Birger Falt, Sweden 1:27:27 6. Jamie Costin, Ireland 1:28:46. Ben Shorey, US was DQd (16 finishers, 5 DNF, 2 DQs) **Women's 20 Km, same place--1.** Gillian O'Sullivan, Ireland 1:29:22 2. Yeliz Ay, Turkey 1:38:29 3. Estgle Viljoen, South Africa 1:42:14 (5 finishers, 3 DNF) **50 Km, same place--1.** David Sanchez, Spain 4:01:58 2. Robert Tubak, Hungary 4:18:25 3. Rodrigo Dominguez, Spain 4:19:53 (5 finishers, 8 DNF) **20 Km, Italy, June 20--1.** Ivano Brugnetti 1:22:01 2. Lorenzo Civallo 1:25:08 3. Andrea Manfredini 1:25:41 4. Enrico Lang 1:26:39 5. Diego Cafagna 1:26:51 6. Alfio Corsaro 1:26:53 7. Patrick Ennemoser 1:27:01 8. Alessandro Mistretta 1:28:56 (16 under 1:33) **Junior 20 Km, same place--1.** Daniel Paris 1:36:09 2. Alessio Maamoni 1:37:30 3. Roberto Tosti 1:37:57 4. Marco Nicoletti 1:38:27 **Women's 20 Km, same place--1.** Elisa Rigaud 1:35:21 2. Gisella Orsini 1:38:24 3. Cristiana Pellino 1:41:34 **Junior Women's 20 Km, same place--1.** Agnese Ragonesi 1:47:02 2. Monia DeDomenicantonio 1:48:28 3. Valentina Trapletti 1:49:08 **Polish Junior National 10 Km, Zamosc, June 28--1.** Rafal Augustyn 43:19 2. Jakub Jelonek 45:27 Women--1. Agnieszka Cygacz 50:51 **Polish National 20 Km, Bielsko-Biala, July 4--1.** Robert Korzeniowski 1:22:21 2. Benjamin Kucinski 1:22:25 3. Tomasz Lipiec 1:24:02 4. Milos Barovsky 1:24:07 5. Roman Magdziarczyk 1:26:57 6. Rafal Dys 1:27:15 7. Kamil Kalka 1:27:46 8. Mariej Rosiewicz 1:29:41 Women--1. Sylwia Korzeniowska 1:35:26 2. Anna Szumny 1:37:44 3. Agnieszka Olesz 1:38:40 4. Elzbieta Nieckarz 1:41:32 5. Elzbieta Tuwalska 1:42:38 6. Margorzata Tuwalski 1:43:04 **Four Nation Junior Meet, Kahava, Finland, June 29-30: Men 22 10 Km--1.** Sigbjorn Sandberg, Norway 44:39 2. Jorgen Lind, Nor. 46:29 3. Janne Merilainen, Finland 46:49 Men 19 10 Km--1. Ato Banez, Sweden 46:37 2. Jarkko Kinnunen, Fin. 47:09 3. Asko Ala-Petays, Fin. 48:35 Men 17 5 Km--1. Tommi Nurmi, Fin. 23:25 2. Casper Hansen, Denmark 24:00 3. Janne Havukainen, Fin 24:02 4. Niilo Halonen, Fin. 24:27 Women 22 5 Km--1. Mahja Penttinen, Fin. 24:23 2. Johanna Rostad, Nor. 24:49 3. Tiina Kokkonen, Fin. 26:09 Women 19 5 Km--1. Mirke Hamalainen, Fin. 24:59 2. Marika Ojanpera, Fin. 25:32 3. Aino Tervonen, Fin. 26:23 Women 17 5 Km--1. Mia Hovi, Fin. 24:49 2. Emma Nilsson, Swed. 25:40 3. Anne Halkivaha, Fin. 26:09 4. Maria Olsson, Swed. 26:11 5. Johanan Valiniemi, Fin. 26:11 Team Scores: Finland 84, Norway 39, Sweden 31, Denmark 7

World Masters Meet, Carolina, Puerto Rico: 5 Km, July 5: Women 40-44--1. Katharine Cashman, Canada 27:56 2. Beatriz Robles, Mexico 28:59 3. Alexi Rodriguez, Puerto Rico 29:51 4. Catherine Kong, Singapore 30:29 (8 finishers) **Women 45-49--1.** Barbara Nell, South Africa 25:53 2. Nance Sweazey, Canada 26:47 3. Natali Marcenco, Italy 27:47 4. Ann Wheeler, Great Britain 28:59 5. Gladis Jaramillo, Chile 30:34 6. Noreen Boranian, US 33:29. . .10. Kathleen Finch, US 34:54 (10 finishers) **Women 50-54--1.** Maria Fernandes, Portugal 27:36 2. Heather Carr, Australia 28:09 3. Lily Whalen, Canada 29:45 4. Sherry Watts, Canada 32:01 (10 finishers)

Women 55-59--1. Heidi Maeder, Switz. 28:11 2. Suzanne Loyer, France 28:29 3. Olga Buitrago, Argentina 29:11 4. Maria Huerta, Mexico 30:43 5. Donna Cetrulo, US 32:06 . . 7. Kathleen Frable, US 33:32 8. Darlene Backlund, US 33:46 (11 finishers) **Women 60-64**--1. Waltraud Seiler, Germany 31:16 2. Frieda DeWolf, Belgium 32:07 3. Pirjo Karetie, Finland 32:17 4. Joan Christensen, Canada 33:25 (17 finishers) **Women 65-59**--1. Joanne Elliott, US 34:40 2. Barbara Harkleroad, US 35:38 3. Sara Urrutia-Morales, Chile 35:48 4. Joan Berman, US 35:14 (8 finishers) **Women 70-74**--1. June-Marie Provost, Canada 34:33 2. Raquel, Mexico 40:22 . . 4. Claire Elkins, US 41:42 (6 finishers) **Women 75-59**--1. Minami Chieko, Brazil 42:44 . . 4. Jeri McDonald, US 45:28 (5 finishers) **Women 80-84**--1. Maria Abaraca, Mexico 46:46 (only competitor) **Women 85-89**--1. Fan Benno-Caris, US 46:46 (4 finishers) **Men 40-44**--1. Jean -Michel Frixon, France 22:32 2. Ferenc Major, Hungary 22:46 3. Sergio Gutierrez, Costa Rico 23:04 4. Stephan Wogerbauer, Austria 23:19 . . 9. Michael Blanchard, US 27:31 10. Alberto Medina, US 28:01 (12 finishers, 3 DQs) **Men 45-49**--1. Vladimir Barabash, Russia 23:16 2. Volodimir, Tokarev, Ukraine 23:41 3. Steve Pecinovsky, US 24:32 4. Cliff Mimm, US 24:49 5. Klaus Theidmann, Germany 27:44 (8 finishers, 1 DQ) **Men 50-54**--1. Jose Lopez, Mexico 25:18 2. Bogdan Bulakowski, Poland 25:42 3. Nariman Aytumukhametov, Russia 26:21 4. Johann Siegele, Austria 26:45 (7 finishers, 2 DQs) **Men 55-59**--1. Anthony King, Ireland 25:25 2. Gildardo Pineda, Mexico 25:19 3. Michel Schneider, Switz. 26:03 4. Ludwig Niestelberger, Austria 27:20 5. Norm Frable, US 27:33 6. Gary Null, US 29:15 . . 11. Keith McZConnell, US 31:12 (16 finishers, 2 DQs) **Men 60-64**--1. Don DeNoon, US 26:19 2. Jim Carmines, US 28:28 3. Jorge Herrera, Mexico 28:59 4. Alexis DeCoppett, Switz. 29:05 5. Victor Melendez, Puerto Rico 29:33 6. John Backlund, US 30:18 . . 9. Ed Kousky, US 31:25 10. Victor Sipes, US 31:41 (15 finishers, 2 DQs) **Men 65-59**--1. Aglia Koutchounov, Russia 28:39 2. Paul Johnson, US 28:39 3. Hiroshi Wada, Japan 31:03 4. Stuart Summerhayes, Canada 32:23 . . 6. Carl Acosta, US 33:46 (10 finishers, 2 DQs) **Men 70-74**--1. Jack Bray, US 28:39 2. Matt Rutyna, Poland (and Chicago) 31:46 3. Bob Fine, US 33:30 . . 9. Ryszard Nawrocki, US 38:12 10. George Solis, US 38:26 (11 finishers) **Men 75-79**--1. Bob Mimm, US 34:12 2. Vratislav, Czech Rep. 34:16 3. Luis Torres Rosa, Puerto Rico 35:00 . . 5. Rich Hansen, US 39:27 (6 finishers) **Men 80-84**--1. Armando Estanol, Mexico 39:06 (only finisher) **Men 85-89**--1. Antonio Fonseca, Brazil 46:08 2. Julio Alvarez, Mexico 47:14 3. Bill Tallmadge, US 50:28 **Men 100**--Waldo McBurney, US 64:16 **Women's 10 Km, July 12: 40-44**--1. Katharine Cashman, Can. 57:00 2. Beatrix, Robles, Mexico 58:24 (6 finishers) **45-49**--1. Barbara Nell, South Africa 53:33 2. nanci Sweazey, Can. 54:52 3. Natali Marcenco, Italy 56:02 . . Noreen Boranian, US 68:40 (9 finishers) **50-54**--1. Heather Carr, Australia 56:26 2. Maria Fernandes, Portugal 57:07 3. Lily Whalen, Can. 59:14 4. Sherry Watts, Canada 64:23 5. Cathy Mayfield, US 65:55 (12 finishers) **55-59**--1. Heidi Maeder, Switz. 58:26 2. Suzanne Loyer, France 58:54 3. Maria Huerta, Mexico 62:19 4. Kathleen Frable, US 63:29 5. Donna Cetrulo, US 64:38 . . 8. Jolene Steigerwalt, US 67:03 (14 finishers) **60-64**--1. Gudrun Fleetwood, Sweden 60:04 2. Waltraud Seiler, Germany 61:02 . . 5. Janet Higbie, US 65:05 (14 finishers) **65-59**--1. Joanne Elliott, US 68:48 2. Joan Berman, US 73:26 (4 finishers) **70-74**--1. June-Marie Provost, Canada 70:30 . . Claire Elkins, US 85:26 (5 finishers) **75-79**--1. Annie Barker, US 84:23 . . 3. Jeri McDonald, US 89:13 **85-89**--1. Fan Benno-Caris, US 91:53 (2 finishers) **Men's 20 Km, July 12: 40-44**--1. Stephan Wogerbauer, Austria 1:41:13 2. Sergio Gutierrez, Costa Rica 1:42:17 3. Jean-Michel Frixon, France 1:43:10 4. Ferenc Major, Hungary 1:44:37 5. Ramon Muniz, Puerto Rico 1:49:45 . . 9. Albert Medina, US 2:01:20 . . 11. Michael Blanchard, US 2:04:14 (12 finishers) **45-49**--1. Vladimir Barabash, Russia 1:46:44 2. Adan Mendez, Mexico 1:47:15 3. Franco Venturi, Italy 1:52:58 4. Charles Ryan, Great Britain 1:53:36 (8 finishers) **50-54**--1. Jose Lopez, Mexico 1:51:57 2. Johan Siegele, Austria 1:57:18 3. Juna Yanes, Venezuela 1:58:57 (6 finishers) **55-59**--1. Gildardo Pineda, Mexico 1:55:18 2. Anthony King, Ireland 1:57:55 3. Michel Schneider, Switz. 2:00:02 4. Norm Frable, US 2:00:40 . . 6. Gary Null, US 2:06:48 (14 finishers)

60-64--1. Don DeNoon, US 1:58:03 2. Jorge Herrera, Mexico 2:06:58 3. Victor Melendez, Puerto Rico 2:09:01 4. Victor Sipes, US 2:12:35 . . 7. Jim Carmines, US 2:19:32 8. John Backlund, US 2:21:51 9. Bernie Finch, US 2:47:50 (9 finishers) **65-59**--1. Aglia Koutchounov, Russia 2:03:40 2. Paul Johnson, US 2:07:26 3. Luis Chavez, Chile 2:24:42 4. Stuart Summerhayes, Canada 2:25:49 . . 7. Carl Acosta, US 2:36:45 (10 finishers) **70-74**--1. Jack Bray, US 2:12:29 2. Matt Rutyna, Poland 2:14:03 3. Salvador Perez, Mexico 2:21:45 4. Cliff Elkins, US 2:37:24 5. Ryszard Nawrocki, US 2:43:43 . . 7. George Solis, US 2:51:23 (7 finishers) **75-79** 1. Vratislav Dubjak, Czech Rep. 2:22:58 2. Bob Mimm, US 2:40:39 . . 4. Rich Hansen, US 2:54:59 (5 finishers) **80-84**--1. Daniel Marzano, US 1:55:50 (only finisher)

Aw! Go take a hike (Or, better yet, a racewalk)

Sat. Aug. 2	Pan-Pacific Masters 3 Km and 5 Km, Sacramento, Cal. (P)
Sun. Aug. 3	5 Km, Evergreen, Col., 8 am (H)
August 8-10	National Masters Championships, Eugene, Ore. (U)
Wed. Aug. 6	Colorado Masters 5 Km, Golden, 6:30 pm (H)
Sat. Aug. 9	2.8 Miles, Seattle, 9 am (C)
	3 Km, McClean, Vir., 8:30 am (O)
Sun. Aug. 10	Ohio 5 Km, Cincinnati (P)
	5 Km, Springfield, Mass. (AA)
	5 Km, Loveland, Col., 7 pm (H)
Fri. Aug. 15	National USATF 10 Km, Wilkes-Barre, Penn.(B)
Sat. Aug. 16	Indiana 3 Km, Indianapolis (S)
Sun. Aug. 17	Bobby Crim 5 Km, (track), Flint, Mich. (W)
Fri. Aug. 22	5 Km, Flint, Mich.(W)
Sat. Aug. 23	5 Km, Denver, 8 am (H)
Sun. Aug. 24	1 Hour, Kentfield, Cal. (P)
	Doc Tripp 5 and 10 Km, Brookfield, Col., 8 am (H)
Sat. Aug. 30	Rocky Mountain Masters 3 Km, Colorado (H)
Sun. Aug. 31	5 Km, Denver, 8 am (H)
Mon., Sept 1	West Region 5 Km, West Valley, Utah (BB)
	5 Km, Ft. Collins, Col., 8 am (H)
Sat. Sept. 6	5, 10, and 20 Km, Edmonton, Canada (C)
	1 Hour, McLean, Vir., 9 am (O)
	8 miles, Mackinac Island, Mich. ((D))
Sun. Sept. 7	1 Hour, Kentfield, Cal. (P)
	5 Km, Stapleton, Col., 8 am (H)
Sat. Sept. 13	2.8 miles, Seattle, 9 am (C)
	5 Km, Portage, Mich. (D)
	Colorado Masters 10 Km, Chatfield, 8 am (H)
Sun. Sept. 14	National USATF 40 Km, Ocean Twp., N.J. (A)
	5 Km, Denver, 9 am (H)
	15 Km, Oakland, Cal. (CC)
	1 Hour, McLean, Vir. (O)
Sat. Sept. 20	5 Km, Denver, 8 am (H)
	National USATF 5 Km, Kingsport, Tenn. (F)
Sun. Sept. 21	5 Km, Denver, 8 am (H)
	10 Km, Long Beach, N.Y. (K)

Sat. Sept. 27 North Region 5 Km. Chicago (L)
 Sun. Sept. 28 5 Km. Denver, 8 am (H)
 10 Km. Houston, Tex. ((V))
 Sat. Oct. 4 Illinois 1 Hour, Chicago area (L)
 Ozark 1 Hour, St. Louis (I)
 New Hampshire Marathon and 5 Km. Bristol, 9 am (N)
 Sun. Oct. 5 1 Hour, McLean, Vir. (O)
 Half-Marathon, Sacramento, Cal. (E)
 Detroit Marathon (W)
 Indiana 1 Hour, Franklin (S)
 West Region 1 Hour, Aurora, Col. (H)
 Sat. Oct. 11 Ohio 1 Hour, Yellow Springs (M)
 Sun. Oct. 12 1 Hour, Banks, Ore. (C)

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Racewalking Great Laird Honored

At a banquet on the evening before the National 1 and 2 Hour races, Ron Laird was inducted into Racewalking International's Hall of Fame. The four-time Olympian (1960, 1964, 1968, and 1976) and holder of 64 U.S. national titles, which he won over a 19-year span from 1958 through 1976, is the second inductee to RWT's Hall. He joins two-time Olympic bronze medalist Larry Young. Laird is also in the USATF and New York Athletic Club Halls of Fame, named in 1986 and 1992, respectively.

Deeply appreciative of the honor, Laird then a memorable weekend by joining Curt Clausen and Gary Morgan in winning the team title for the New York AC in the next day's 2 Hour race. He became the third scoring member of the team when Tim Seaman dropped out of the race. It was his 53rd team gold medal, mostly with the NYAC, which he joined in 1962. Earlier titles came with the New York Pioneer Club.

Here are some of the highlights from his acceptance remarks:

EARLY WALKING - "I trained at night. I was too embarrassed to do it in the day time. My high school coaches said, "I would never amount to anything in sport. That spurred me on."

RACING - "Any race is a good race!" "Nervousness is a good thing. It made me go faster in the 1-mile races. Two-mile races are just twice the pain."

ENDURANCE RACING - "It was really appealing to hammer myself and go for the miles. I would like to see longer racing events."

EDUCATION - "I received an art scholarship to Westchester Community College (New York) and became a pretty good draftsman, but before I knew it Westchester thought my talents lay elsewhere and then I joined the US Army for a different kind of education."

RUSSIANS - "They beat me by 14 minutes in 1958 but 15 years later I beat them in the 1973 Lugano Cup in what turned out to be a "death sprint," with an USA ending."

EAST GERMANS - "The German walkers were built like tanks, not tall and wiry as most endurance athletes. They must have been on something "crazy." When the Berlin Wall fell the East German coaches all fled for China and you know the rest."

WOMEN - "There were many good looking Olympic performers, but they were too serious, it was easier to get together with the tourists, even for a race walker."

LEARNING CURVE - "I always would talk with athletes from other sports to see what motivated them and I would stay fresh with their inspiration."

WORKING - "Legend has it that Laird never worked but that isn't true. I worked for eight (8) years as a draftsman in Pomona (CA). But for the most part I worked at being a race walker for more than 20 years and became very good at it."

TRAVEL - The NYAC was very generous through the years making it possible to win more than 60 championships, but when necessary or money was tight "I hitch-hiked" across the country to enter big races. I remember doing this at least four (4) times."

CHAMPIONSHIPS - "Most years there were 11 championships on tap and one year I won 9. I loved the trophies and would go most anywhere, any distance, anytime."

Testimonials to Ron's prowess from Young and Ohio Racewalker editor and publisher, Jack Mortland, were also read. Larry wrote:

Greetings everyone. I really wish I could be there with you tonight. I am working to meet a sculpture deadline that prevents my being with you. I couldn't pass up this opportunity to congratulate Ron and to tell everyone a few stories about Ron's place in American race walking history.

My experiences and memories with Ron Laird are many and go way back to my first year of race walking. Ron's encouraging words during those early days gave me confidence that if I worked hard I would be successful.

1967, my second year in the sport was a pivotal year for me. My first attempt at 50 Kilometers came in the national 50 K-Pan American trials at Horner Park in Chicago. Ron was probably as responsible for my first national title as I was. During the latter stages of the race, I was

lapping Ron for the second or third time. He was not't having his best day, and in second place by about one-half mile, behind Alex Oakley from Canada, who had been 6th in the '64 Olympic 50 K. As I passed Ron, he began to walk with me telling me how the Canadians were always coming down here trying to take away our national medals. He said, if I could just increase my pace and dig a little deeper, I could catch Alex. Ron picked up his pace and challenged me to hang with him. Before long we had closed to within a few yards of the Canadian. Ron put his hand on my back, gave me a shove, and said, "Now, go right on by him and don't look back!"

Thank you Ron for the push. I'll never forget that day and I was able to use the technique later on, even against you on occasion. But your mentorship will never be forgotten. Your help was the mark of a true sportsman.

Later that same year, Ron went on to what was probably the best race of his career. He place 3rd in the world championship 20 Kilo behind two of the greatest Russian walkers in history, Smaga and Golubnichiy. His example showed the rest of us that it was possible to be competitive with the great Europeans who dominated the sport at the time.

Ron and I went on to represent our country at the 67 Pan-Am Games in Winnipeg, Canada where we both won gold medals in the 20 and 50 K respectively. Soon after that we traveled with the US Track and Field team on a European Tour to England, Germany and Italy, where Ron proceeded to win every race including a 20 km victory over the great Abdon Pamich! I think it was the first time Pamich had been beaten since before his gold medal in the 1964 Olympics.

Ron's sense of humor and his endless stories of races, trips, and women always kept things interesting whether we were on a training session together or on one of the many international teams we were a part of. Ron came to Missouri for lots of races and stayed at my house a few times. He got to know my parents. He always used to kid me that I had an unfair advantage on him because I came from such good stock.

Well I could go on and on but I guess I should leave some time for Ron. I know he will need a lot of it. They're still talking about his record length acceptance speech at the US Track and Field Hall of Fame, so sit back and enjoy folks.

I wish I could be there with you tonight to help you celebrate Ron. I consider you my walking mentor. Thanks for the encouragement along the way and thanks for your friendship.

And these remarks from your ORW editor:

Congratulations to Ron on his well-deserved selection to RWT's Racewalking Hall of Fame. I'm sorry I can't be there to help usher him in. His list of records, championships, national

teams, international successes, and honors speaks for itself. Beyond that, he has carried the banner of our sport wherever he has gone and has shared his vast knowledge of the sport with all who are interested (and many who are not) through clinics, pre-race and post-race discussions, and unbridled enthusiasm wherever he has gone. Likewise, he has always contributed much to the greater track and field community, offering his services as an official or wherever needed.

I was fortunate enough to compete with Ron through the 1960s and saw him progress from one who was marvelously trained, but could often be 'psyched-out' before key races to a very focused, tough competitor, still marvelously well-trained. I was able to take advantage of some of those psych jobs through the early '60s, but they didn't seem to happen after that. I have treasured our continuing friendship and many contacts since and it has been good to have him here in Ohio for the past several years.

I got to know Ron well when we spent two months together on the 1964 Olympic team and toured Europe together with the 1965 National T&F team. We were also together on the 1967 Lugano Cup team--the first team the U.S. sent to that prestigious event and the first group of U.S. athletes to compete in the German Democratic Republic (East Germany). That was one of Ron's best years as he won seven National titles, beat Italy's 1964 Olympic 50 Km winner Abdon Pamich in a 20 Km, and then shocked the Europeans with his third place finish at the Lugano Cup 20 Km, a feat he duplicated six years later.

Ron has certainly been an ambassador for racewalking among other track and field athletes, as indicated by his many lasting friendships in that community, not just among other racewalkers. While my experience was that walkers were well accepted by other members of national teams--most had some knowledge and appreciation of what we were doing, they had little real interest. As an example, on that 1965 trip, while Coach Brutus Hamilton showed genuine interest in us on this trip and very nice arrangements were made for us to compete in Poland where a walk was not part of the dual meet, I doubt that anyone would have known or particularly cared, had we never trained during the trip. (We certainly did, however.) To illustrate, the first day we were in Germany, we went on a team bus to a practice stadium and were told the bus would leave for the return trip in an hour. We took off for a spin through the streets of Augsburg and were back in about 58 minutes. The bus was gone and we found ourselves stranded in a strange city. Fortunately, the German team was there and we waited long enough to catch a ride back to our hotel on their bus. We figured we would create a little stir--make a little scene--when we entered the hotel, but, no one had missed us or ever realized we had been abandoned. Through succeeding years, I think Ron's salesmanship did much to gain greater respect for racewalkers in the general athletics community. I hope some of that continues.

Well, I don't want to write a book here, but again, I congratulate Ron and lend my two hands to any rounds of applause that occur during the awards ceremony. Regards to all my friends in racewalking.

FROM HEEL TO TOE

National teams. Here are the U.S. teams for international competitions in August. Pan-American Games, Santo Domingo, Dominican Republic: Men's 20 Km, Tuesday August 5--John Nunn and Tim Seaman. Women's 20 Km, Wednesday, August 6--Amber Antonia and Joanne Dow. Men's 50 Km, Friday, August 8--Sean Albert and Sean Albert. World Championships, Paris: Men's 20 Km, Saturday August 23--Kevin Eastler. Women's 20 Km, Sunday, August 24--

Joanne Dow. Men's 50 Km, Wednesday, August 27--Curt Clausen. These athletes are attending (or have attended, as you get this) a heat acclimatization training camp in Clermont, Florida at the USA Triathlon National Training Center. Don DeNoon is the T&F Coordinator at the Center. Focus at the camp, which ran from July 23 to 30, with the Pan Am Games team members staying an additional day or two before heading to the Games. . **50 Km Olympic Trials.** Trials for the 2004 Olympics in the 50 Km racewalk have been moved from Sacramento to Chula Vista, Cal. The race will be held February 15 on a 2 Km asphalt loop. USATF announced that the trials were moved for weather reasons and the fact that five walkers who have qualified for the event are based at the ARCO Olympic Training Center in Chula Vista. "This is awesome," said Curt Clausen, a two-time Olympian who trains at ARCO. "It makes life a lot easier for the athletes. Having the trials in your hometown is obviously ideal." The top three finishers in the race will make the U.S. roster for Athens, provided they have met the Olympic "A" standard (3:57) between Jan. 1, 2003 and August 23, 2004. Besides Clausen, the Training Center athletes already qualified for the Trials are Sean Albert, Philip Dunn, Al Heppner, and Tim Seaman. Elite Racing, which manages the Suzuki Rock 'n' Roll Marathon, will put on the race, which carries \$20,500 in prize money. . **Errata.** Two mistakes in the June issue of the ORW (at least). In the National Postal 1 Hour Shawn Frederick was listed in third in the 45-49 age group, covering 10,456 meters. He actually went a lap further (10,856 meters), which moved him to first place in the group. The mistake was made, and acknowledged, by the race directors, and the official results amended. For a change, that was not an ORW mistake. Also in that issue, we omitted Bob Barrett from the results of the Empire State Games 5 Km. Bob was first overall in 27:47, a U.S. age 69 record. Not sure if that was a mistake in the results sent to us or in our inputting them. In either case, we apologize to Bob and congratulate him on the record and all his other outstanding results. . **The Mimm dynasty.** In our "Looking Back" feature in the June issue, the 30 years ago section carried a note on Randy Mimm's victory in the Junior National 10 Km, which qualified him to compete against the Soviet Junior team. We noted that he thus became, to our knowledge, the first son of a U.S. international racewalker (Bob, 1960 Olympics) to gain international status and that they probably remain as the only father-son racewalking internationals. Bob has now pointed out to me that later, another son, Cliff, also competed in a Junior match against the USSR. So, it is now a father/son/son category, making it even more of a challenge any families out there seeking to join this exclusive clan. **Clinics.** The London (Ontario) Pacers will host a racewalk clinic for experienced walkers with Jonathan Matthews on the weekend of September 20. The 2-day clinic will cover technique, training, nutrition, and much, much more. London is a 2-hour drive from Detroit and about 3 hours from Buffalo. For more information, contact Sherry Watts at sherry.watts@fmd.uwo.ca. And, on August 23, Mike DeWitt and Augie Hirt will conduct an Advanced Racewalking Clinic in Naperville, Illinois. Mike DeWitt is the highly successful coach at University of Wisconsin-Parkside, where he has coached four Olympians and many all-Americans, and continues to develop outstanding racewalkers. Augie Hirt was on both the 1975 and 1977 U.S. Lugano Cup teams at 50 Km, won three U.S. titles at 100 Km and one at 75 Km and still holds the American record for 100 Km (10:19). Further information at www.riverwalkers.com . . **Way to go Bruce.** Stella Cashman pulled this interesting tidbit from an internet story on 1972 Olympic marathon gold medalist Frank Shorter. *Shorter's Montreal marathon came unglued, literally, even before it began on July 31. He remembers warming up outside Olympic Stadium shortly before the race when he discovered the soles of his shoes were separating from the uppers. "I said 'I'm finished,' just as I saw Bruce MacDonald (a U.S. racewalks-team coach and three-time Olympian himself) wandering into the warmup area during a lull in his events", Shorter recalled. "He happened to be staying in our village room, so he ran back the half-mile and go the back-up racing shoes I'd had sent to Montreal-just in case." MacDonald sprinted back and tossed the shoes over a fence; Shorter laced them up and bolted to the holding room where the marathoners were to assemble. The room was empty. "They'd already jogged around*

the track to the starting line in the stadium", he said. "So I ran across the infield grass and got there 15 seconds before the gun. My enduring memory of Montreal, apart from the race, is that I even got to run." . . . UWP recruits. Racewalking International reports that Maine's Jasmine Brooks, ranked as the top high school girl in the mile and fourth in the 10 Km, along with New York's Latoya Henry have committed to attend the University of Wisconsin-Parkside in Kenosha. Coach Mike DeWitt said, "I'm looking forward to having another member of the powerful Maine-chain and a New Rochelle standout joining our 'Ranger' team." . . . **Carl Kurr.** Belatedly, we report the death of racewalker Carl Kurr. In our February 2003 issue we printed a note from Lou Neishloss regarding Carl's grave health problems. Lou wrote us again in early May, and, unfortunately, his letter got lost in our 'files'. So, with apologies to Lou, and late as it is, I feel I would be negligent not to pass this on. Lou says: "Today, I attended a luncheon in memory of Carl Kurr given by his sister Elaine Coulter. Carl passed away on March 14th and he is now racewalking in heaven. This was really a gathering to celebrate his life. There were many stories about Carl, aka The Bull. This derivation, I was told, was handed down by Ron Laird. Carl was a remarkable guy. He worked 12 hours a day at Strawbridge Clothier in Philly and then left for his workout at Boat House Row by the Schuylkill river. You have raced there, so you must know what I'm talking about. Anyone wanting to write or send condolences can write to Carl's sister Mrs. Elaine E. Coulter, 108 Glenn Oak Road, Norristown, PA 19403, 610-593-4692.

LOOKING BACK

40 Years Ago (From the July 1963 Race Walker, published by Chris McCarthy)--Well, Chris's publication was beginning its fade into oblivion at this time as Chris concentrated his efforts toward the '64 Olympic 50 Km trials. He had a July/August edition, but as I look at, there are results clear into November, so obviously, it wasn't published in a very timely fashion. I'll save tidbits from it for sometime in the fall.

35 Years Ago (From the July 1968 ORW)--Ron Laird captured the National 20 Km title in 1:33:00, with Larry Young, Don DeNoon, and Tom Dooley taking the next three spots. Dooley in fourth, was only 39 seconds behind Laird in a tight finish. . The National 50 wasn't so close as Young won easily in 4:12:12 (the course was found to be about a half-mile short). There were eight under 4:30, with Goetz Klopfer, Bob Bowman, and Dave Romansky following Larry. . Young covered 7 mi 1386 yards in an hour to beat Martin Rudow for the National title in Montana.

30 Years Ago (From the July 1973 ORW)--The National 25 Km was contested in Taunton, Mass., and John Knifton came away with the title in 2:05:50, nearly 2 minutes ahead of Ron Laird. Gary Westerfield was a distant third. Knifton was slowed by a dog attack during training 2 weeks earlier that had resulted in 28 stitches and 5 days in the hospital (or just "in hospital" as John, a transplanted Brit, would say). To add to his woes, John had left his gear at home and had to walk in borrowed things, including a half-size-too-large pair of bowling shoes. He survived without a blister. (Interestingly, bowling shoes were not unusual footwear in races when I came into the sport in the late '50s). . Sue Brodock won the National 5 Km, the first time the women had competed at this distance at the National Meet (previously 1 Mile). Her 27:40 led Ellen Minlow and Ester Marquez. . On the local scene, your then 38-year-old editor blasted a 31:56 for 4 miles, only a bit more than 2 minutes slower than what he might have done in the 'glory' years, and immediately announced that he was about to start challenging those near the "bottom of the top". A hollow challenge, as it turned out. . Jim Heiring won the mile in the Wisconsin Junior Olympics in 7:59.4 and he turned out to be a much more serious challenge to those at the "top of the top". . Jerry Brown and Bill Ranney competed in Europe with the U.S. track team and, despite some

good times (walking, that is, not boisterous revelry), didn't come off too well competitively. In Germany, Jerry had 44:56 and Bill 45:36 for 10 K, but Bernd Kannenberg did 43:48 and Gerhard Weidner was second. In Italy, they had 45:36 and 46:06, respectively, but Vittori Visini and Zambaldo were well ahead. In Minsk, they gave the Soviets a good battle, but were still third and fourth. Yevgeniy Ivchenko won in 1:35:14, as Bill beat Jerry, 1:36:37 to 1:37:41.

25 Years Ago (From the July 1978 ORW)--Todd Scully led from the gun to win the National 10 Km in Niagara Falls in 46:16. Ron Daniel was 32 seconds behind and Peter Doyle and Martin Kraft followed. . .The junior 10 went to Ray Sharp in 50:55 with Mike Morris second. . .Scully took second in the US-USSR dual when Vinichenko was DQ'd after finishing in 1:31:16. Polozov won in 1:30:04 as Todd did 1:32:13 and Larry Walker 1:34:15. . .In two Junior duals against the Soviets, Sharp did 48:40 and 47:20, but finished third both times. Morris had 48:43 in the second dual. . .Mexico's Raul Gonzales sipped a 3:41:20 for 50 Km in the Prague-to-Podebrady race. . .Paul Hendricks became the first American to compete in the Paris-to-Strasbourg race and covered 214 Km in 31 1/2 hours before dropping out. Josey Simon of Luxembourg won the race in 66:10:47 for 500 plus Km.

20 Years Ago (From the July 1983 ORW)--Italy's Maruizio Damilano won an international 20 Km in Los Angeles in 1:25:53. Marco Evoniuk captured fourth in 1:27:07, behind the GDR duo of Hartwig Gauder and Ronald Weigel. Dan O'Connor (1:27:49) was sixth and Jim Heiring (1:28:12) seventh. . .A month later, Heiring bettered the national record for 10 Km with a 41:07.91 on the track in Stockholm, finishing behind Sweden's Bo Gustavsson and Finland's Reina Salonen. Evoniuk was fourth in 41:27.63. . .Todd Scully won the National 10 at Niagara Falls again, this time doing 44:50, but finished behind Canadian guest Marcel Jobin. Steve Pecinovsky was just 22 seconds behind Scully and only 1 second ahead of Tom Edwards. . .Heiring won the National 5 Km in Racine, Wis. with 20:33.3, better than 1 minute ahead of Mike Morris. . .At the National Sports Festival, Scully won a very hot 20 Km in 1:39:14 and Randy Mimm walked away with the 50 in a very impressive 4:20:20. . .James Mann won the Junior National 10 Km in 47:25.

15 Years Ago (From the July 1988 ORW)--Conditions for the 20 Km Olympic Trials in Indianapolis were very steamy. At the 9 am start, the temperature had already risen above 90 F and the humidity was high. Gary Morgan took command of the race just after 5 Km and walked unchallenged (other than by the conditions) the rest of the way to win in 1:34:12. Tim Lewis caught Paul Schwartzburg in the final 200 meters to take second in 1:36:31. Carl Schueler also caught Schwartzburg, but already on the team at 50, he paused before the finish to give the third place to Paul. Unfortunately, it turned out Paul had gotten a third red card just before entering the stadium, so Jim Heiring (1:37:09 in fourth) moved onto his third Olympic team. In the conditions, Morgan was 6:41 off his qualifying time, but that was closer than anyone else in the race and that is why he won. . .There was also a women's 10 Km at the Trials, but it was essentially an exhibition since the race wasn't added to the Olympic agenda until 1992. This race was postponed from 4:55 pm until 9:45 to get the heat-humidity down to acceptable levels. Debbi Lawrence walked masterfully in the steamy conditions to win by more than a minute in 47:52. Teresa Vaill was second in 48:57 and Sarah Standley third in 50:05. . .In the National 10 at Niagara Falls, Dave McGovern won in 44:04, a minute ahead of Mel McGinnis. Curt Clausen was third in 45:41. . .Junior National titles went to John Marter (47:43) and Deirdre Collier (25:30).

10 Years Ago--(From the July 1993 ORW)--Another Canadian year at the National 10 in Niagara Falls as Tim Berrett (42:19) and Arturo Huerta (43:25) finished one-three in the men's race and Janice McCaffrey and Alison Baker one-two in the women's race. In the men's race, Andrzej Chylinski (42:21) and Gary Morgan (43:57) led the U.S. walkers. In the women's race, it was

Michelle Rohl (50:01) and Lyn Brubaker (51:04). . .Wil Van Axen (47:14) and Lisa Chumbley (25:01) won Junior National titles in Spokane. . .In the Pan-Am Junior meet, Ecuador's Jefferson Perez flashed the brilliance that led to Olympic gold in Atlanta with a 39:50.73 win. Van Axen was second in 44:26. . .Australia's Nick A'Hern did 1:20:13 for 20 Km on the track in Bergen, Norway.

5 Years Ago (From the July 1998 ORW)--Again it Canada's day in Niagara Falls at the 10 Km championships as Arturo Huerta (40:48) and Joni Bender (48:31) led the fields. Tim Seaman (46:59) and Cheryl Rellinger (49:58) led the U.S. walkers. . .Good will Games titles went to Russians--Ilya Markov in 1:23:29.7 and Yelena Nikolayeva in 43:51.97. In the men's race, Mexico's Daniel Garcia (1:25:52) and Ecuador's Jefferson Perez (1:19:19) followed. Gary Morgan was the first U.S. walker, finishing fifth in 1:36:48. Nadezhda Ryashkina (44:26) and Joanne Dow (45:37) were second and third in the women's race. . .National Junior titles went to Lisa Kutzing (24:42.97) and Christopher Brooks (48:43.17).



Michelle Rohl leads Teresa Vaill early in the National 1 Hour race. (See page 1 for details.)